



# Lisbon International Hip Symposium

4<sup>th</sup> Edition

**14<sup>th</sup> and 15<sup>th</sup> November, 2019**

Hospital da Luz Lisboa auditorium

## Program

**1<sup>st</sup> day** | Thursday

08h30 Registration

08h45 **Welcome**  
Paulo Rego

09h00 **Hip morphology - Update**  
Moderator: Diego Collado

**Hip anatomy - Relevant structures and function for hip preservation surgery**  
Paulo Rego

**Hip vascular anatomy update: blood supply of acetabular labrum and surgical implications**  
Morteza Kalhor

**Portals and normal arthroscopic anatomy of the hip**  
Luís Pérez Carro

**Hip Imaging update**  
Vasco Mascarenhas

**Dynamic ultrasound assessment of the adult hip**  
Michael Millis

**Characteristics of pelvic tilt in young females with developmental hip dysplasia**  
Hui Cheng

**Discussion**

10h30 Coffee break

11h00 **Abnormal hip mechanics**  
Moderator: Paulo Rego

**Functional antetorsion of the femur - Position of the greater trochanter**  
Martin Beck

**Hip function & torsional deformities of the lower limb**  
Paulo Rego

**Combined hip version: relevance for FAI treatment**  
Filipe Oliveira

**FAI - Pathophysiology & damage pattern**  
Michael Dienst

**Discussion**

12h00 **Patient selection & indications for hip preserving surgery**  
Moderator: Óliver Marín-Peña

**The painful hip - A plea for clinical examination**  
Hubert Nötzli

**Hip arthroscopy: optimizing patient selection**  
Thomas Bird

**Osteoarthritis of the hip - When to scope, when to replace?**  
Michael Dienst

**CAM femoroacetabular impingement: can we prevent arthritis?**  
Paul Beaulé

**Discussion**



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13h00 Lunch

14h30 **Surgery for FAI: techniques & results - I**

Moderator: Hubert Nötzli

**Surgical hip dislocation - Evolution of the technique**

Diego Collado

**Peripheral or central compartment approach: how to decide**

Pedro Dantas

**Cam impingement - Update**

Marc Tey

**Pincer impingement - Update**

Pedro Dantas

**Suture pattern strategies for arthroscopic hip labral repair**

Thomas Bird

**Discussion**

15h30 **Surgery for FAI: techniques & results - II**

Moderator: Paul Beaulé

**Defining the parameters of quality for hip preservation surgery**

Paul Beaulé

**12 years results after surgical hip dislocation to treat FAI**

Hubert Nötzli

**Reverse PAO results for acetabular overcoverage**

Michael Millis

**Hip arthroscopy: Iberic Hip Preservation Group experience**

Óliver Marín-Peña

**Patient to patient support: optimizing outcomes in adult hip preservation surgery**

Michael Millis

**Discussion**

16h45 Coffee break

17h15 **Special topics**

Moderator: Martin Beck

**Hip arthroscopy in athletes: a personal journey**

Thomas Bird

**Endoscopic sciatic nerve release: deep gluteal syndrome and ischiofemoral impingement**

Luís Pérez Carro

**Management of persistent pain after hip arthroscopy**

Michael Dienst

**Capsular arthroplasty for young patients with unilateral hip dislocation**

Hui Cheng

**Endoscopic treatment of proximal hamstring pathology**

Jorge Cruz Melo

**Hip abductors pathology**

Marc Tey

**Discussion**

18h00 End of day 1



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**2<sup>nd</sup> day** | Friday

**08h30 Live surgery & Cadaver demonstration**

12h00 Coffee break

**12h30 Children and adolescent hip - Update**

Moderator: Michael Millis

**An update on slipped capital femoral epiphysis treatment**

Paulo Rego

**Surgical particularities in severely deformed chronic slips**

Rheinold Ganz

**Pattern of impingement in valgus slipped capital femoral epiphysis**

Morteza Kalhor

**Head-neck deformities other than slips**

Rheinold Ganz

**Head reduction osteotomy: a true treatment alternative in Perthes disease**

Diego Collado

**Computer simulation and jig assisted femoral head osteotomy in severely deformed Perthes hips**

Rheinold Ganz

**Discussion**

14h00 Lunch

**15h00 Hip instability & displasia**

Moderator: Paulo Rego

**A new comprehensive classification for acetabular dysplasia**

Paul Beaulé

**How to assess instability of the hip?**

Martin Beck

**Technical challenges in rectus sparing PAO: a cadaveric study**

Morteza Kalhor

**Hip dysplasia: arthroscopy vs osteotomy**

Michael Dienst

**Longterm outcomes of periacetabular ostetomy**

Michael Millis

**Results of simultaneous acetabular and femoral surgery in severely deformed pediatric hips: case reports**

Rheinold Ganz

**Discussion**

16h30 Coffee break



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**17h00 Hip replacement: perspective of a hip preserving surgeon**

Moderator: Pedro Dantas

**Current indications for hip resurfacing: surgical technique and implant design**

Paul Beaulé

**Anterior approach for total hip replacement**

Pedro Pinto

**Total hip replacement in hip dysplasia**

Hubert Nötzli

**Bone preservation in total hip revision surgery**

Hubert Nötzli

**Discussion**

**18h00 Closing remarks**

Paulo Rego

**Chairman:**

Paulo Rego (PRT)

**Speakers:**

Diego Collado (ESP) | Filipe Oliveira (PRT) | Hubert Nötzli (CHE) | Hui Cheng (CHN) | Jorge Cruz Melo (PRT) | Luís Pérez Carro (ESP) | Marc Tey (ESP) | Martin Beck (CHE) | Michael Dienst (DEU) | Michael Millis (USA) | Morteza Kalhor (IRN) | Óliver Marín-Peña (ESP) | Paul Beaulé (CAN) | Pedro Dantas (PRT) | Pedro Pinto (PRT) | Rheinoold Ganz (CHE) | Thomas Bird (USA) | Vasco Mascarenhas (PRT)