

SANTANDER INTERNATIONAL ORTHOP MEETING

5th EDITION

SANTANDER



HIP MEETING

ARTROSCOPIA DE CADERA Y ARTROPLASTIA

20-21-22 de Febrero de 2013

FECHAS

Palacio de Festivales

SANTANDER (España)

SEDE

HIP ARTHROSCOPY AND ARTHROPLASTY

February 20-21-22, 2013

DATES

Palacio de Festivales

SANTANDER (Spain)

VENUE

Dr. Luis Pérez Carro (España/Spain)

Dr. Pau Golanó (España/Spain)

DIRECTORES/CHAIRMEN

www.santanderhipmeeting.com

PRESENTACIÓN

Estimado colega y amigo:

En nombre del Comité Organizador, es un gran honor y placer darte la bienvenida a nuestro V Santander International Orthop Meeting, centrado por tercera vez en la cirugía de la cadera.

El manejo de la patología de la cadera ha evolucionado de una manera muy significativa con el avance de las técnicas artroscópicas. La aplicación de técnicas quirúrgicas mínimamente invasivas ha facilitado el rápido retorno a la actividad deportiva tanto a nivel recreacional como en atletas de élite.

Este symposium ha sido planificado para cirujanos ortopédicos y profesionales sanitarios involucrados en la cirugía de la cadera y es una respuesta a la necesidad de educación en el diagnóstico y manejo de una variedad de nuevas patologías y a una puesta al día en temas actuales en prótesis de cadera.

Tras participar en este programa de 3 días estarás más capacitado para complementar tu práctica habitual con las técnicas artroscópicas en la cadera así como conocer las ventajas de diferentes prótesis y técnicas quirúrgicas nuevas. Los excepcionales profesores han sido seleccionados por sus opiniones punteras. Esperamos que puedas preguntarles tus dudas de una manera cercana. Esperamos disfrutes en Santander (España)

WELCOME ADDRESS

Dear Colleagues and friends.

On behalf of the Organizing Committee, it is our great pleasure to welcome you to Santander and to the 5th Santander International Orthop Meeting, focused on Hip Surgery for the third time. The management of hip injuries has evolved significantly with the advancement of arthroscopic techniques. The application of minimally invasive surgical techniques has facilitated relatively rapid returns to sporting activity in both recreational and elite athletes.

This symposium has been planned for orthopaedic surgeons and other health care professionals involved in hip arthroscopy and is a response to the need for education in the diagnosis and management of a variety of new hip conditions and to update hot topics in Hip Arthroplasty.

After participating in this 3 days program you will better able to define and implement hip arthroscopy techniques in your practice as well as the advantages of different surgical techniques and to know the new technologies currently available for hip arthroscopic surgery and hip prostheses. The distinguished speaking faculty has been selected for their outspoken opinions. We hope you will take the opportunity to question them closely.

See you soon in Santander (Spain)

Profesorado / Faculty

- Dr. Jose Maria Altisench** (España/Spain)
Dr. Bernardo Aquilera (Colombia/Colombia)
 Dr. Luis Cerezal (España/Spain)
 Dr. Benjamin Domb (EEUU/USA)
Dr. José Boris García (España/Spain)
 Dr. Pau Golanó (España/Spain)
Dr. Damian Griffin (Reino Unido/UK)
 Dr. Ara Kassarian (EEUU/USA)
Dr. Lafayette Lage (Brasil/Brasil)
Dr. Eric Margalet (España/Spain)
Dr. Oliver Marin (España/Spain)
 Dr. Hal D. Martin (EEUU/USA)
Dr. Rodrigo Mardones (Chile/Chile)
 Dr. Dean Matsuda (EEUU/USA)
 Dr. Javad Parvizi (EEUU/USA)
Dr. Luis Perez Carro (España/Spain)
 Dr. Marc Philippon (EEUU/USA)
Dr. Paulo Rego (Portugal/Portugal)
 Dr. Manel Ribas (España/Spain)
 Dr. Juan Ribera (España/Spain)
 Dr. Marc Tey (España/Spain)
Dr. Angel Villamor (España/Spain)

SCIENTIFIC PROGRAM

WEDNESDAY 20 FEBRUARY 2013

Pre-meeting live hip surgery session

16.00 Registration

16:45 Welcome Pre-meeting Session. Dr Luis Pérez Carro

Authorities welcome

Dr. Cesar Pascual-H.U. Marqués de Valdecilla.

Dra. Carmen Pantoja-H. U. Infanta Leonor

Live From Hospital Universitario Infanta Leonor (Madrid)

17:00. AAOS Guidelines Infection THA, what's new?

Dr. Javad Parvizi

17:15. Pannel Discussion.

Dr. Jose Cordero. Dr. Enrique Gil Garay. Dr. Manuel Villanueva.

17:45. Live Hip Surgery: THA through Mini-anterior approach

Dr. Javad Parvizi-Dr. Oliver Marin Peña

THURSDAY 21 FEBRUARY 2013

8.00 Registration

8.20 Welcome

8.30: SESSION 1: Hip arthroscopy. The Basics

Moderation: **Dr. Bernardo Aguilera-Dr. Luis Pérez Carro**

- 8.30 - How to Learn Hip Arthroscopy / Certification:

Dr. Jose María Altisench

- 8.37- Set-up and principles of hip arthroscopy:
Dr. Angel Villamor
- 8.45 -Hip arthroscopy: Contraindications and complications:
Dr. Marc Tey
- 8.53- Access to Difficult Hip to get Traction: **Dr. Eric Margalet**
- 9.01- External fixation for hip arthroscopy: **Dr. Lafayette Lage**
- 9.10- Clinical examination of the hip: **Dr. Hal Martin**
- 9.25- Portals and arthroscopic anatomy of the hip: **Dr. Luis Pérez Carro**

Discussion

10.00: SESSION 2: Subgluteal space disorders in the hip

Moderation: **Dr. Bernardo Aguilera Dr. Luis Pérez Carro**

- 10.00- Anatomy of the hamstrings , sciatic nerve and the deep gluteal space:
Dr. Pau Golanó
- 10.12-Hamstrings, sciatic and pudendal nerve: Endoscopic treatment:
Dr. Hal Martin
- 10.24- Ischiofemoral impingement and deep gluteal space imaging:
Dr. Ara Kassarjan
- 10.34- Ischiofemoral and greater trochanter impingement: Arthroscopic treatment: **Dr. Hal Martin**

Discussion

Coffee Break: 11-11.40

11.40: SESSION 3: Peritrochanteric space disorders in the hip.

Moderation: **Dr. Marc Tey-Dr. Juan Ribera**

- 11.40-Anatomy for peritrochanteric space: **Dr. Pau Golanó**
- 11.52-Medical Imaging: **Dr. Ara Kassarjan-Dr. Luis Cerezal**

- 12.05-Arthroscopic surgical techniques for peritrochanteric space disorders in the hip and gluteus medius Tears:

Dr. Benjamin Domb

Discussion

12.30: SESSION 4: Acetabular labral injuries of the hip.

Moderation: **Dr. M. Tey-Dr. Juan Ribera**

- 12.30-Anatomy of the labrum: **Dr. P. Golanó**
- 12.40-Diagnosis of labral injuries: Medical Imaging:
Dr. Ara Kassarian-Dr. Luis Cerezal
- 12.50-Arthoscopic classification and localization of acetabular labral tears:
Dr. Bernardo Aguilera
- 13.00-Inturned labrum in Hip pathology: **Dr. Lafayette Lage**
- 13.10-Acetabular labral tears: Resection, debridement, repair or reconstruction: **Dr. Marc Philippon**

Discussion

Lunch: 13.45-14.50

14.50 : SESSION 5: Special indications and hot topics in the Hip. Part I.

Moderation: **Dr. Rodrigo Mardones-Dr. Angel Villamor**

- 14.50-Arthroscopic capsular reconstruction: **Dr. Marc Philippon**
- 15.00-Hip arthroscopy in children and adolescents: **Dr. Paulo Rego**
- 15.10-Iliopsoas. When to Cut, When Not to Cut , outcomes and complications: **Dr. Marc Philippon**
- 15.20-Arthroscopic findings and efficacy of arthroscopy in the treatment of hip osteoarthritis : **Dr. Juan Ribera**
- 15.30-Arthroscopic osteochondral mosaicplasty and resurfacing of the femoral head: **Dr. Marc Philippon**

- 15.40-Endoscopic pubis symphysectomy for recalcitrant osteitis pubis.
Dr. Dean Matsuda

Discussion

16.20: SESSION 6: Special indications and hot topics in the Hip. Part II.

Moderation: **Dr. Oliver Marín-Dr Eric Margalet**

- 16.20-Groin Pain after Open/Arthroscopic FAI Surgery: The Role and treatment of Intraarticular Adhesions: **Dr. Marc Philippon**
- 16.30-Post Operative Management Following Hip Arthroscopy:
Dr. Rodrigo Mardones
- 16.40- Are we measuring correctly Pincer FAI?. The value of acetabular retroversion index: **Dr. Javad Parvizi**
- 16.50-Acetabular version: When to choose peri-acetabular osteotomy:
Dr. Manel Ribas
- 17.00-Femoral anteversion/retroversion: Diagnosis and treatment:
Dr. Hal Martin
- 17.10-Endoscopic hamstring tendon repair: **Dr. Benjamin Domb**

Discussion

17. 40:SESSION 7: Managing protrusio and profunda hips

Moderation: **Dr. Oliver Marín-Dr Eric Margalet**

- 17.40-Global pincer treatment with safe surgical hip dislocation - tips and tricks: **Dr. Manel Ribas**
- 17.50-Coxa profunda: Arthroscopic treatment: **Dr. Hal Martin**
- 18.00-Coxa protusa. Arthroscopic treatment: **Dr. Dean Matsuda**

Discussion

FRIDAY 22 FEBRUARY 2013

8.20 Welcome

8.30: SESSION 8: Ligamentum teres.

Moderation: **Dr. Damian Griffin-Dr. Luis Pérez Carro**

- 8.30-Anatomy and function of the ligamentum teres: **Dr. Pau Golanó**
- 8.40-Medical Imaging: **Dr. Ara Kassarjan -Dr. Luis Cerezal**
- 8.50-The ligamentum teres of the hip: Arthroscopic classification and treatment: **Dr. Hall Martin**

Discussion

9.15: SESSION 9: The diagnosis and treatment of chondral injuries.

Moderation: **Dr. Damian Griffin-Dr. Luis Pérez Carro**

- 9.15-Medical Imaging: **Dr. Ara Kassarjan-Dr. Luis Cerezal**
- 9.25-Arthroscopy for hip trauma cases: **Dr. Dean Matsuda**
- 9.35-Recognition and arthroscopic repair of an acetabular articular cartilage delamination defect: **Dr. Damian Griffin**
- 9.45-Adjuvant biological treatments. PRP and Stem Cells: **Dr. Rodrigo Mardones**

Discussion

10.10: SESSION 10: Instability and stiffness in the hip

Moderation: **Dr. Damian Griffin-Dr. Luis Pérez Carro**

- 10.10-Anatomy and function of the hip capsular ligaments: **Dr. Pau Golanó**
- 10.20-Diagnosis of traumatic and atraumatic hip instability:
Dr. Ara Kassarjan-Dr. Luis Cerezal
- 10.30-Arthroscopic management of hip instability and stiffness:
Dr. Benjamin Domb

Discussion

Coffee Break: 10.50-11.30

11.30: SESSION 11: Hot topics in prosthetic reconstruction.

Moderation: **Dr. Jose Maria Altisench-Dr. Oliver Marín**

- 11.30-Minianterior approach in THA, is better for our patients?
Dr. Javad Parvizi
- 11.40-Resurfacing in the young active patient: Past, present and future.
Dr. Oliver Marin
- 11.50-Justification of short stem prostheses: **Dr. Jose Boris García**
- 12.00-Difficult primary Total hip replacement in deformed hips:
Dr. Paulo Rego

Discussion

12.30: SESSION 12: Femoro-acetabular impingement management

Moderation: **Dr. Hal Martin-Dr. Luis Pérez Carro**

- 12.30-Imaging findings of femoroacetabular impingement:
Dr. Ara Kassarjan-Dr. Luis Cerezal
- 12.40-Arthroscopic management of Cam impingement. Limits, pearls and pitfalls: **Dr. Damian Griffin**
- 12.50-Arthroscopic management of Pincer impingement. Technique. Limits, pearls and pitfalls: **Dr. Dean Matsuda**
- 13.00-How to treat Dysplasia and FAI on the same hip: **Dr. Paulo Rego**
- 13.10-Hip Dysplasia: Arthroscopic Role: **Dr. Rodrigo Mardones**

Discussion

Remarks and closing ceremony

Lunch: 14.00-15.00

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HIP MEETING
3ª EDICIÓN

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COLABORADORES:



SECRETARÍA TÉCNICA:

Clover SGM. Manzanal 3
28760 Soto de Viñuelas. MADRID (Spain)
Tel/Fax: 34 918 037 279
E-mail: santanderhipmeeting2013@clover-sgm.es

SEDE DEL SIMPOSIO:

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